

Braised Apple Cabbage

Ingredients

- Red cabbage julienned
- Green cabbage julienned
- Johnny red apples peeled and sliced
- Sugar
- Yellow onion julienned
- Pepper
- Butter Salt
- Olive Oil
- Cinnamon Pear Balsamic Vinegar
- Red Apple Balsamic Vinegar

Preparation

In sauté pan with a mix of butter and oil, add onions and soften. Add cabbage, apples and the Cinnamon Pear and the Apple Balsamic vinegars, just enough to coat the vegetables. Season with salt, pepper and sugar and cook to marry flavors.