

## **Macerated Berries**

### **Ingredients**

- 2 C Fresh strawberries
- 1/2 C Black Currant Balsamic
- 1/2 C Basil Extra Virgin Olive Oil
- 1 tsp Granulated sugar
- 1/2 C Fresh basil, rolled lengthwise and then sliced lengthwise

### **Preparation**

1. Slice berries lengthwise into very thin slices.
2. Add equal parts balsamic & oil.
3. Gently fold in fresh Basil & sugar.
4. Reserve and spoon over top of ice cream or serve in a bowl with fresh whipped cream.

**VARIATION:** Reduce the Basil Olive Oil to 1 Tablespoon for a lower fat taste treat. You need a little bit of oil to "bind" the "sauce", so don't leave it out!